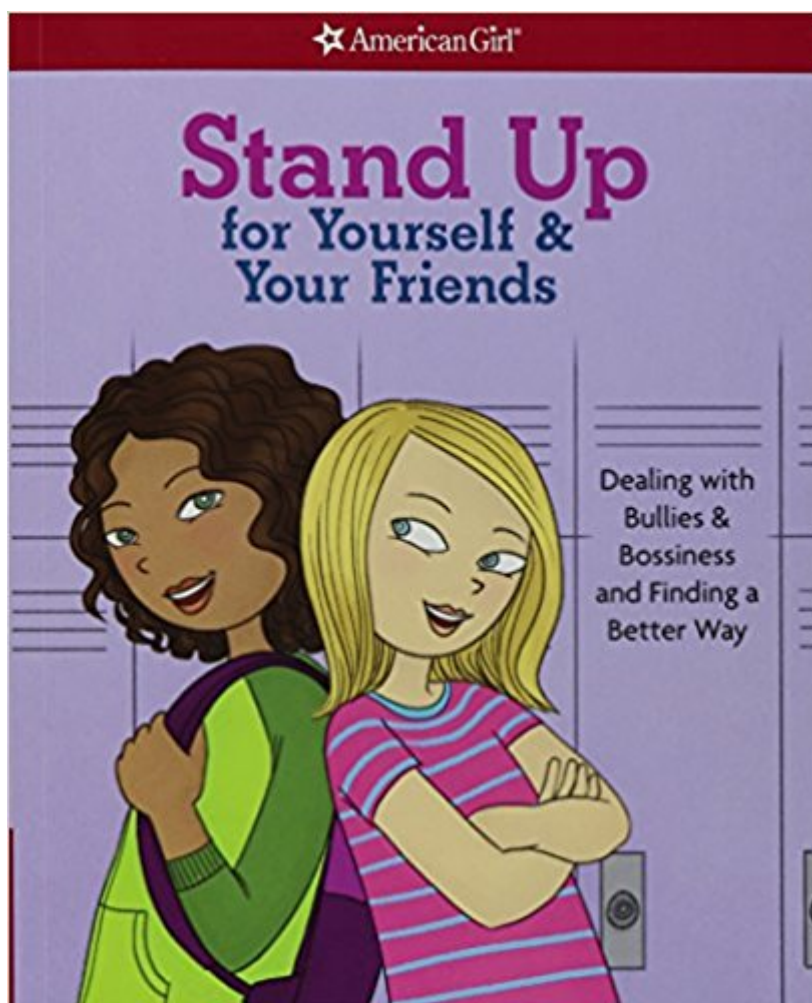


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# Stand Up For Yourself & Your Friends: Dealing With Bullies & Bossiness And Finding A Better Way



## Synopsis

You can make a difference, and this book is here to help! It gives you the tools you need to recognize bullying -- and be prepared to handle it. Take a quiz to learn your "speak-up" style, and read great advice from girls who have been in similar situations. With tips that include wise words to use with bullies, smart ways to ignore them, and solid advice on getting an adult's help when needed, you'll discover how you can make the world a safer, happier place for yourself and your friends, too.

## Book Information

Lexile Measure: 670 (What's this?)

Paperback: 64 pages

Publisher: American Girl; Reprint edition (March 1, 2016)

Language: English

ISBN-10: 1609587383

ISBN-13: 978-1609587383

Product Dimensions: 6.5 x 0.2 x 8 inches

Shipping Weight: 12.6 ounces (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars 228 customer reviews

Best Sellers Rank: #7,897 in Books (See Top 100 in Books) #32 in [Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Bullies](#) #230 in [Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Friendship](#)

Age Range: 8 - 12 years

Grade Level: 3 - 7

## Customer Reviews

Im grateful there are books like this!

This book is geared towards young girls. It has helped my children a lot in seeing different ways to stand up for themselves in difficult situations.

A+

My daughter loved this book! She was getting bullied at school by 2 older boys and it gave her

strategies on how to deal with those boys in a healthy way that made her feel good about herself. I highly recommend this book.

Children find it interesting

It is very well written in simple language for kids to understand. Bullies and intimidations in school is a big concern for us parents. But often our kid is afraid of talking about it. She is frustrated at watching some kids being picked but she does not know how to express herself without turning to another target of intimidation. The book explores some typical situations, how to respond to unkind comments. Grownups know how to respond mean remarks in adult language. Our parental advice sometimes does not sink in easy in teenager's mind. But, used pre/teen language, it is much easier to understand for kids to prep themselves for bullies.

Read this with my daughter. She and I both agreed on what the right response would be and we felt frustrated that there was no middle ground for people who stand up for themselves and others in a slightly more assertive way than just taking the middle/moderate/compromised road. It seemed like a better book would be a bit more nuanced (would give better examples of good responses) and also more positively view clearly advocating for yourself and others somewhere between behaviors characterized as choices "b" and "c" . We found this repeatedly throughout the book. For example, a quiz on page 27 had a girl who always expects you to buy her popcorn on popcorn Friday. The choices for response are b " I wanted to give you the heads up that I don't have extra money this week" or c "I'm tired of you using me. Dont you have your own money?" We both felt b was not a great answer because it only addressed stopping the problem for that particular week. It implies you will continue to buy her popcorn after that week. We agreed that c was too mean, but instead we felt something like "I wanted you to know that I wont be able to buy your popcorn any more" was more definitive and wouldn't lead to further issues and continued misunderstandings when it was popcorn time the next week and the week after. There are many examples like this.

Reading this with my girls as we speak. What a fantastic book. I have been talking with my daughters (ages 7 and 8) about bullying since they started school. Especially knowing just how mean girls can be... verbally for sure. This book is really great and my girls have taken a lot from it already. I wish they would read these in the schools!

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